

Budding Trees

Nahko And Medicine For The People

In the moon of the budding trees
I was gifted new eyes to see
All of the shifting shape and ways you can be
Wake the dreams into realities
Wake the dreams into realities
Sunset diamonds trickle down our cheeks
The language of no words is how we speak
Pacha Mama spinning firelight
and a Little Bear singing by the fireside
Out of this city with the wind on our neck
That's us whistling upon your neck
Moonlit diamonds sparkle into my mouth
Feels like hunger and it tastes like salt
Feels like hunger and it tastes like salt
So, tap me out and tap me into you
Heal my brain and my body too
Balance my chemistry hydrate these cells
Cuz the body talks and the meditation helps
The body talks and meditation helps
The body talks and meditation helps
A little bit of cinnamon pours as we snoot
All up on my shit in the morning commute.
Coastal quiver on a quest through the dunes
Sandy toes and bottomless curves of the moon
Heavy lifting for Pele's children
Hand of the goddess soaking cliffs keep building
Plate is full but appetite has dwindled
I feel a little sick so I keep the fire kindled
You the pillar steadfast light of bravery
And I the dimly burning candle still shaking
Riddled fear quiver my bones so easy!
Well, you're the guru now so visualize healing
Yeah, you're the guru now so visualize leaving.
Let her go for she can no longer feed you
And many children need that mana creature
Just barely missed you I was finally ready!
But you are a long gone too much heavy history
Yeah you are a long gone too much heavy history
Let go of blame that shit will never serve me!
Bless other men investigate your mystery
So, tap me out and tap me into you
Heal my brain and my body too
Balance my chemistry hydrate these cells
Cuz the body talks and the meditation helps
The body talks and meditation helps
The body talks and meditation helps
Little spider weaves a wispy web

And stumbling through the woods it catches to my head
She crawls behind my ear and whispers secrets
Dragonfly wiz by and sings now teach it
Yeah, dragonfly wiz by and sings now teach it
Form on the trail I watch you head up mauka
I turn makai and whisper, "thank you sister"
Edge of the west where water touches land
You are the east with folded maps in hand
Time to increase my frequency!
Hands of light and bodies talking
Gimme some of that wild fox medicine!
But, keep me here in this wild present tense
Fully supported on new lovers chest
Dawning adventures sparkle get some rest!
Dawning adventures sparkle get some rest! So, tap me out and tap me into you
Heal my brain and my body too
Balance my chemistry hydrate these cells
Cuz the body talks and the meditation helps
The body talks and meditation helps
The body talks and meditation helps

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