

# Breathe

Jonny Diaz

Alarm clock screaming bare feet hit the floor  
Yeah it's off to the races everybody out the door  
I'm feeling like I'm falling behind, it's a crazy life  
Ninety miles an hour going fast as I can  
Trying to push a little harder trying to get the upper hand  
So much to do in so little time, it's a crazy life  
It's ready, set, go it's another wild day  
When the stress is on the rise, in my heart I feel you say just Breathe, just breathe  
Come and rest at my feet  
And be, just be  
Chaos calls but all you really need  
Is to just breathe  
Third cup of joe just to get me through the day  
Want to make the most of time but I feel it slip away  
I wonder if there's something more to this crazy life  
I'm busy, busy, busy, and it's no surprise to see  
That I only have time for me, me, me  
There's gotta be something more to this crazy life  
I'm hanging on tight to another wild day  
When it starts to fall apart in my heart I hear you say just Breathe, just breathe  
Come and rest at my feet  
And be, just be  
Chaos calls but all you really need Is to take it in, fill your lungs  
The peace of God that overcomes  
Just breathe (just breathe)  
So let your weary spirit rest  
Lay down what's good and find what's best  
Just breathe  
Just breathe, just breathe  
Come and rest at my feet  
And be, just be  
Chaos calls but all you really need  
Is to just breathe  
Just breathe

Lyrics provided by <https://www.omusic.in/>