

# The Mechanism

## Disclosure & Friend Within

So one of the things I need y'all to do for me is you gotta know that it's coming  
And once you know it's coming, once you know it's coming,  
Stay in the zone.  
Stay in your body  
Increase your maximum level  
It's one simple reason The mechanism of incessant, incessant, habitual conceptualization  
Creation of ideas, goals and frameworks that are turned over  
Completed, to the friend within  
You know it's coming You know it's coming You know  
You know  
You know it's coming So one of the things I need y'all to do for me is you gotta know that it's  
coming  
And once you know it's coming, once you know it's coming,  
Stay in the zone.  
Stay in your body  
Increase your maximum level  
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The mechanism of incessant, incessant, habitual conceptualization  
Creation of ideas, goals and frameworks that are turned over  
Completed, to the friend within You know it's coming You know it's coming You know it's  
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