Alone in a Room

Asking Alexandria

I've been away, a little while, sometimes I just can't help myself When my mind's running wild, I seem to lose grip on reality And I try to disregard the crazy things the voices tell me to do, but it's no use I tried to own it, write songs about it Believe me I tried, in the end I needed to breathe Find inspiration, some kind of purpose To take a second to face the shit that makes me, me All I needed was the last thing I wanted To sit alone in a room and say it all out loud Every moment, every second, every trespass Every awful thing, every broken dream A couple years back and forth with myself in a cage Banging my head against the wall tryna put words on a page All I needed was the last thing I wanted To be alone in a room, alone in a room I saw the world a couple times, tried to cure the ache with absence But that hole was still a hole and my mind kept playing tricks on me Feeling older every day, took everything I had to not crash and burn, but I'm starting to learn Sometimes I'll fall down, sometimes I'll lose hope But those days will be few if I keep my feet on the ground I might be lonely, but I ain't alone here So I keep pushing the limits of what makes me, me All I needed was the last thing I wanted To sit alone in a room and say it all out loud Every moment, every second, every trespass Every awful thing, every broken dream A couple years back and forth with myself in a cage Banging my head against the wall tryna put words on a page All I needed was the last thing I wanted To be alone in a room, alone in a room I can be better than I was I can be better than I am All I needed was the last thing I wanted To sit alone in the room All I needed was the last thing I wanted To sit alone in a room and say it all out loud Every moment, every second, every trespass Every awful thing, every broken dream A couple years back and forth with myself in a cage

Banging my head against the wall tryna put words on a page All I needed was the last thing I wanted To be alone in a room, alone in a room

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